



For the best memorable experience on Saba, we coordinated the following schedule so that we start your dive vacation off right! Our normal pickup time is 9:00 am to allow for optimum light conditions and give those interested plenty of time for an afternoon dive or simply for relaxing. 8:45 am taxi pickup means two morning dives finish around 1.30 pm; 3 dives 3.30-4.00 pm.

Saturday Evening	5:05 pm	Lynn and John will meet you at the airport to assist with luggage and taxi coordination. Once at the hotel and rooms are assigned, meet @ the restaurant and discuss tomorrow's plan while everyone enjoys a complimentary welcome drink before dinner. Any rental gear? Confirm how many for Nitrox. Dinner @ Queen's Gardens is included in your package. Located right at the hotel!
Sunday morning	7:00- 8:30 am	Breakfast is served for everyone at Queen's Gardens Hotel. Please have your diving equipment ready to get picked up by 7:30 a.m.
Sunday	8:45 am 4:00 pm 6:30 pm	Taxi pick up for diving @ 8:45 am Before dinner: Join Anthony and Irka on a guided hike to analyze how mosquito behavior and adaptations are evolving due to human developments. Dinner Suggestions: The Chef Team @ Chez Bubba –Saba's French bistro. Located right above Sea Saba in Windwardside!
Monday	8:45 am 5:00 pm	Taxi pick up for diving @ 8:45 am Pick up for our free presentation about invasive sea grass in the Caribbean @ the Brigadoon held by Anna Maitz. Dinner: Chefs TJ and Norbert are renowned for the delectable European cuisine.
Tuesday	8:45 am 1:00 pm 5:30 pm pick-up 6:30 pm or 8:30 pm after a night dive	Taxi pick up for diving. 3RD DIVE: Join a team to survey, collect, and analyze seagrass found within the Saba Marine Park with Anna Maitz. The ideal night for Saba's special night dive—expect ostracods, opportunistic nurse sharks, tarpon and all the more typical things on a night dive like basket stars, octopus and crustaceans—and, our special light to experience luminescent behavior! Really! Taxi pick up time varies with time of year (approximately 5:30 p.m.) Price is \$85 p/p including transport. No alcohol before the night dive—even at lunch time! Dinner suggestion: Tell Claire at breakfast you want to stay for dinner at the hotel for your second included dinner...or try a delicious daily changing three course meal @ Tropics Café.
Wednesday	8:45 am 1:00 pm 5:15 pm pick up	Taxi pick up for diving. 3 dives today? Don't forget to order your "to go" lunch 3 rd dive: Dr. Joe Pawlik will be conducting his field project dive on one of Saba's colorful reefs so that participating divers can survey the sponge biodiversity, learn how a sponge filter-feeds, and techniques for aging these interesting, sometimes taken for granted, organisms. For Erik Bomans lecture about the future challenges of queen conch @ The Longhaul Grill located right next to the Sea Saba office in Windwardside. A local casual place ideal for fun evening. Your host, Bastiaan, aims to please.
Thursday	8:45 am 5:30 pm 6:30 PM 8:00 PM	Taxi pick up for diving. Two dives or three? We have crew on call for a night dive tonight as well! Pick up time is approx. 5:30 pm. No alcohol before the night dive—even at lunch time! Dinner suggestion: Stay at the resort and enjoy your second included dinner or choose one of the restaurants in Windwardside or Lollipops who can prepare a full West Indian Buffet—with notice and we can arrange transport to get to the village. AFTER DINNER: Enjoy a quiet night under the stars as Sidney points out different constellations and other galactic phenomena.
Friday	No diving today? or book extra dives... 5:30 p.m.	Let us know if you would like a guide for a more enhanced hike; be sure to visit Jo Bean Glass Studio or just hang out at the pool...we can also organize an island taxi tour for you! Take a taxi tour to see our tide pools and then walk over to the scenic Cove Bay. Start your evening at the resort and watch Hannah Maddens talk about Red-billed Tropicbirds. Afterwards go to the island TGIF Happy Hour at the Topsy Goat Bar at Tropics Cafe and then take a short walk to the local Hideaway— Casual but great, fresh food with simple ambiance located at the Breadline Plaza (beyond the Bizzy Bee Bakery). Swinging Doors offers weekly BBQ. Choose between chicken or ribs or make it a combo for those who can't make up their mind.

Remember to dive safely!! Drink plenty of water. No alcohol between or before any dives!